
DEAR  DEVOTEES

FREMONT HINDU TEMPLE

NEWS LETTER



To avail of Tax exemptions, please consider donating to Temple

All donations made to Temple are Tax-exempt. To receive a receipt for the donation, please write a check to Fremont Hindu Temple



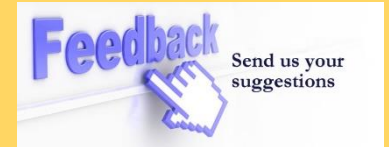
Donate to Temple Online

The Temple is a non-profit organization run by devotees for devotees. The Temple's main income is through devotee donations and sponsorships. We urge all devotees to donate generously to the Temple so that we may continue to serve your religious and cultural needs and provide even better programs to you. you can now donate online by clicking on the link below.



<http://fremonttemple.org/donate.php>

Vedic Dharma Samaj is a non-profit, tax exempt religious organization. It is dedicated to serve the religious and cultural needs of the Hindu community.



(Non-Profit Tax-Exempt Organization Tax EIN No.: 94-274-2511)

Any suggestions /comments/observations about Temple and/or about this newsletter

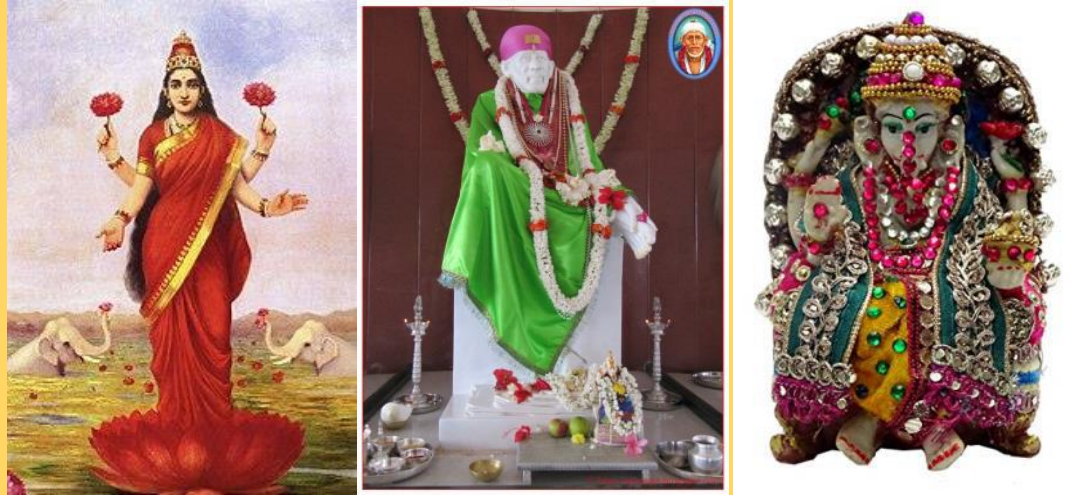
Please call or e-mail: 510-299-9771, deepakchhabra@pacbell.net



SPECIAL

PROGRAMS FOR THE MONTH OF MAY 2019





Please contact Admins to handover Vastra / Poshak for any diety along with a payment of \$21. Idols will be dressed up with your Vastra / Poshak on the day you requested

(A) \$21 along with Vastra for Sai Baba

Clothes (Dress) for Baba: Baba's dress changed often after holy bathing daily comprises of (1) outerwear of Kafni and headgear which can be either cotton, satin or silk in any color except black. (2) innerwear which is white cotton and (3) scarf or angavastra which can be satin, silk or cotton contrasting or matching color of outerwear

(B) \$21 with Saree for Lakshami Ma

(C) \$21 with Vastra / Poshak for any other deity

PRADOSHAM



05-01-2019, Wednesday

6:30PM To 8:30PM,

In Balaji Temple



MATA KI CHOWKI



MATA KI CHOWKI
05-11-2019, 7:00PM to 11PM

On Every Month (2nd Saturday)

For Sponsorship please contact

Veena Birla @510-386-7842 or

Temple Admin @ 510-659-0655



PRADOSHAM



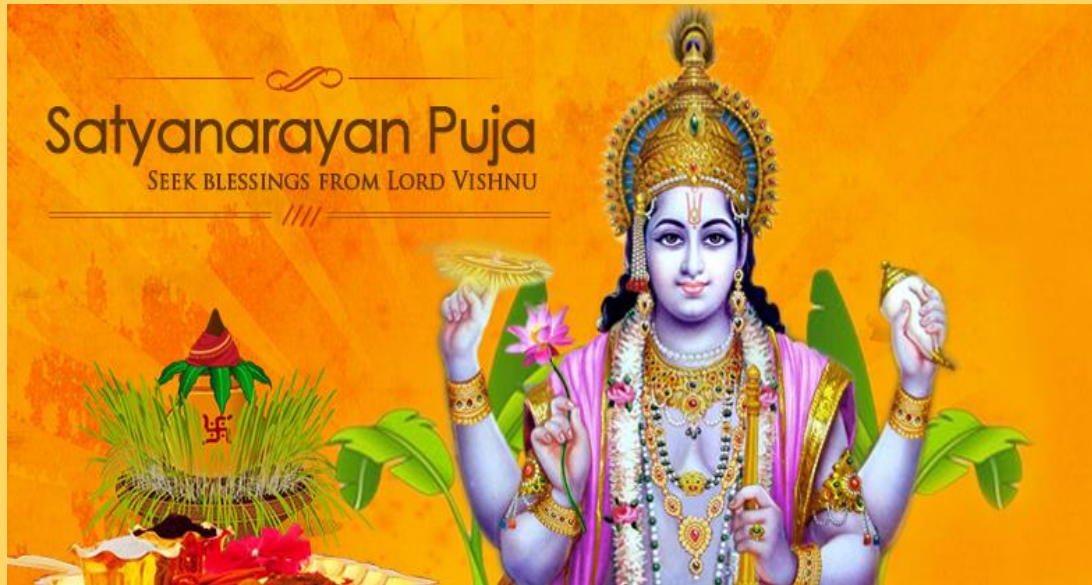
05-16-2019, Thursday,

6:30PM To 8:30PM,

(In Balaji Temple)



SAMUHIK SATYANARAYANA KATHA



People worship Lord Satyanarayana, an extremely benevolent form of Lord Vishnu, and observe Satyanarayana fasting on Purnima day.

05-18-2019, Saturday

6:30pm to 8:30pm

In Balaji Temple



SANKATAHARA CHATURTHI



05-21-2019,

Tuesday

5:00PM TO 7:00PM

Main Temple



BHAJAN / KIRTAN / PRAVACHAN



1st Sunday (Every Month)

11.00AM to 12.00PM

By Girish Bhai

Main Temple



ARYA SAMAJ HAVAN



2nd Sunday (Every Month)

11.30 to 12.00 & 12.30 -01.00

(Outside or Balaji Temple)

**Havan & Arya Samaj Traditions by Shashi Relan and Neelam & Subash
Khanijow**

Contact No. (Shashi Relan): 510-304-8427



BHAJAN / KIRTAN / PRAVACHAN



3rd Sunday (Every Month)

11.00PM -12.00PM

By Prabha Bhatnagar, In Main Temple

3rd Sunday (Every Month)

12.00PM -01.00PM

Maa Sathrupa Pravachan, Main Temple



GAYATRI PARIVAR BHAJAN / KIRTAN / PRAVACHAN



4th Sunday

(Every Month)

12.00PM to 01.20PM

Main Temple



SHIVYOG SADHANA



SHIVYOG SADHANA MEDITATION

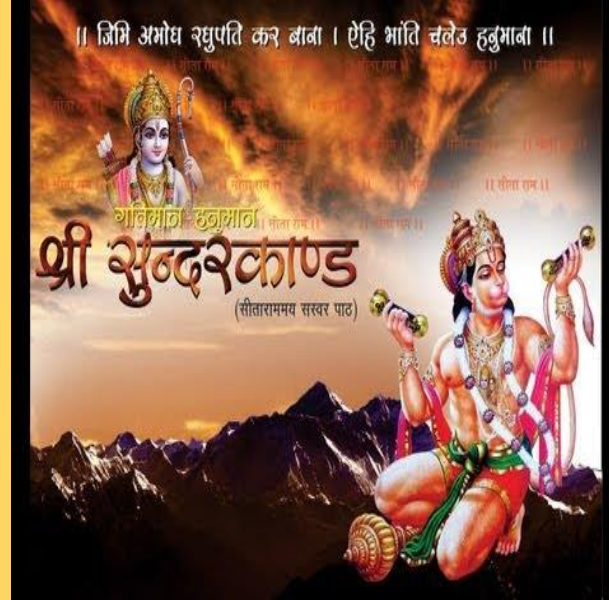
1st & 3rd Sunday (Every Month)

03:00PM to 05.00PM

(Saraswati Hall)



SUNDARKAND PATH



3rd Saturday (Every Month)

10:00AM to 01:00PM

Main Temple



Jhoole Lal Chandu Seva 2019

Ishta Dev Jhoole Lal Sain

There Will Be Regular Ongoing Events Weekly / Monthly.

Please Come with Family and Friends to Seek Blessings.

Weekly: Friday Evening: Aarti at 7.00PM (Every Friday)

Monthly: "Chandu" Aarti and Palav. Sindhi's All Over the World Observe the First Day After the New Moon Each month! As the day of "Chandu" worshipping Lal Sain, singing panjras, doing aarti and invoking palav ceremony. Boiled white Channa and sweet rice - Tanhiri are offered as the traditional parsaad.

Sindhi Sangat's Prayer Schedule

A. Weekly Friday evening worship.... Aarti at 7.00PM.

Sindhi's all over the world observe Friday as Tharoo'n day and worship Lal Sain, singing Aarti and offering prayers.

B. Monthly celebrations of "Chandu" Aarti and Palav. Sindhi's all over the world observe the first day after the new moon each month as the day of "Chandu" worshipping Lal Sain, singing panjras, doing aarti and invoking palav ceremony. Boiled channa and sweet rice - Tanhiri ar

Bring all your family and friends too.



Jhoole Lal Sain Chandu, Aarti & Palaki Seva, 07.00PM to 07.30PM

Jhoole Lal Temple (MAIN TEMPLE)



May 6, Monday, 7.00pm to 7.30pm.

June 4, Tuesday, 6.20pm to 6.50pm.

July 4, Thursday, 6.20pm to 6.50pm.

August 2, Friday, 6.20pm to 6.50pm.

October 29, Tuesday, 6.20pm to 6.50pm.

November 27, Wednesday, 7.00pm to 7.30pm.

December 27, Friday, 7.00pm to 7.30pm.





MAIN TEMPLE ACTIVITIES

- **Daily** **9:00AM 9.00PM** **Pooja/Archana/Arti** **Main Temple**
- **Daily** **8:00AM 8:30 AM** **Sai baba Kakar Arti** **Main Temple**
- **Daily** **8:30AM 9:00 AM** **Sai baba Abhishek** **Main Temple**
- **Daily** **6:00PM 6:30 PM** **Sai baba Dhoop Arti** **Main Temple**
- **Daily** **8:00PM 8:15 PM** **Main Templ Arti** **Main Temple**
- **Daily** **8:15PM 8:35 PM** **Sai Baba Shej Arti** **Main Temple**
- **Daily** **12:00PM 12:30PM** **Sai Baba Madhian Arti** **Main Temple**





Tuesday

Hanuman Sahasranama (Main Temple)

7:00PM To 7:30PM.

Hanuman Chalisa, Arti (Main Temple)

7:30 PM To 8:00PM.

Preti bhoj (Kitchen)



Wednesday

11:00AM To 1:00 PM

Senior Meeting and Yoga followed by lunch

(Saraswati Hall and Kitchen)





Thursday

8.00 AM To 10.00AM.

Sai Baba Abhishek (Main Temple)

07.00PM To 8:00PM.

Sai Baba Bajans, Arti, Preti bhoj (Main Temple and Kitchen)





Mata Ki Chowki

Every 2nd Saturday, 7:00PM To 12:00AM

Mata ki Chowki, (Main Temple)

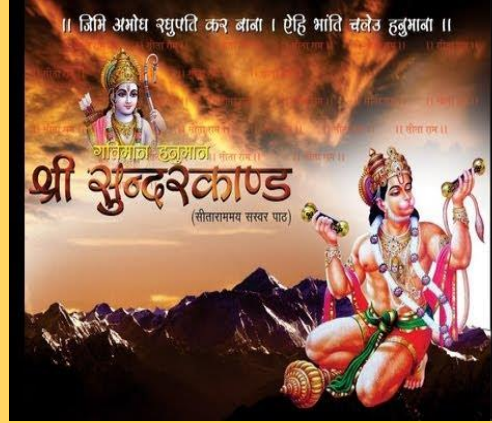
MAA SHATHRUPA PRAVACHAN

3rd Sunday

12:20PM To 1:20PM

(Main Temple)





SUNDHARKHAND PATH

Every 3rd Saturday

10:00AM To 12:30PM

(Main Temple)





BALAJI TEMPLE ACTIVITIES

Venkateshwara Suprabatham

Daily, 9:00AM To 9:30AM.

Balaji Pavalimpu seva/Shayan Utsav – Arti

Daily, 8:15 PM To 8:30PM.

Balaji Abhishek, Alankar, Archana, Arti

Saturday, 09:30AM To 01:30PM.



SHIVA / RUDRA ABHISHEKAM

Monday

7:00PM To 9:00PM.

Balaji Temple



LAXMI ABHISHEKAM

Friday, 11:00AM To 1:30PM.

Balaji Temple



JAGANNATH POOJA AND BAJANS



4th Sunday

7:30PM To 8.00PM, (Balaji Temple)

Every Sunday

11:00AM To 12:30PM, (Balaji Temple)

Jagannath Abhishek, Alankar, Arti, Archana



**TWO DAYS BEFORE AMAVASYA & ONE DAY
BEFORE POORNIMA**



7:00PM To 9:00PM.

**Pradosham - Shiva Pooja and Bajans
(Balaji Temple)**



ON POORNIMA



6:00PM To 8:00PM

Samuhik Sathyanarayan Katha

Main Temple



JHOOLELAL BABA TEMPLE



**7.00PM to 7.30PM,
(Main Temple)**



SANKATA HARA CHATURTHI



4 days After Poornima

7:00PM To 8:00 PM. (Main Temple)



NAVAGRAHA AND GANAPATI



Abhishek, Alamkar, Archana, Arti

Saturday

11:00AM To 1:30PM.

(Navgrah temple)



KALI MA PUJA



Everyday Morning Arti

8:00AM To 8:30AM.

Every Sunday 6:30PM To 7:30PM.

(Main temple)



SARASWATI HALL ACTIVITIES



Every 1st & 3rd Monday

10:30AM To 1:30PM

Gujarati Seniors Mitra Mandal

Meeting, Yoga and Food



TEMPLE MEETING

Tuesday

6:30PM To 8:00PM

Saraswati Hall





Wednesday

12:00PM To 1:00PM

(Senior Citizen yoga in The Saraswati Hall)

1:00PM To 2:00PM

(Lunch in The Kitchen)





Thursday

4:00PM To 8:00PM

Kathak

(In Saraswati Hall)





Friday

4:00PM To 8:00PM,

Bharat Nattyam

(Saraswati Hall)





Saturday

8:00AM To 10:00AM

Yoga by Sky

(Saraswati Hall)





Sunday

YOGA WITH FUN AND LAUGHTER

8:00AM To 10:00AM, (Saraswati Hall)

HSS

10:00AM To 11:30PM, (Saraswati Hall)

Sindhi Class

12:30PM To 2:00PM, (Saraswati Hall)

Shiv Yog Meditation

1st & 3rd Sunday

3:00PM To 5:00PM, (Saraswathi Hall)



LIBRARY ACTIVITIES

- Saturday

Geeta Class

11:30AM To 1:00PM (Library)

- 3rd Sunday

Satsang

10:00AM To 12:00PM (Library)



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